Hold Your Appetite VEGAN POETRY

Swati Prakash

www.earthhealingnetwork.com

Copyright © 2021 Swati Prakash All rights reserved.

ISBN: 9798746724526

Edited version 2022

BREFACE

Poetry for Ascension for the Vegan Soul and Spirit on animal rights, rebellion, and equality are featured in this tasteful collection. But please hold your appetite for a moment, because veganism is not merely another delightful alternative in the kitchen. It is a movement against the deliberate exploitation of sentient animals who are cruelly abused unnecessarily although all our nutritional and lifestyle skills are fabulous enough to be devoid of abuse of even a single creature. This book is a slap in the face of those consumers who remain reluctant to take just one simple step in the right direction, toward the vegan section of the supermarket, and the system that is corrupt for obvious reasons. These poems are unapologetic as they are dedicated to those billions of non-violent beings who are shattered each year by the enormous crimes occurring in private places all around us. Very conveniently countless babies and adults are raped, murdered, and sold off as shoes, belts, coats, sausages, curries, and burgers after a life of continuous suffering, violence, coercion, control, and domestic abuse. Considered as properties they tarry around in lorries and trucks to their last breath of such horrors imperceptible to humans that are strangely passed off as 'your personal choice' in our psychopathic, violent world. The dead bodily remains of animals, dairy, eggs, and other products surround us in the Devil's own Hell, a system of lower reptilian consciousness - one that each sane and rational human being should speak out against day after day. Anyone is free to download, share and use these poems in songs so long as it is for a higher motive with credit to the author.

X3QNI

	Title page	1 - 7
	Preface	
	Index	
1	Karma	8
2	United Nations	11
3	Ascension	14
4	Don't Use That Word	17
5	Flowers and Fruits	20
6	Temptations	24
7	Care for Earth	28
8	Like there is No Tomorrow	32
9	Eyes See You	36
10	An Apologist Vegan	37
11	Until the End of Time	40
12	Our Compassion	44
13	Crimes	47
4	Ground Control to Computer	51
15	I See Dead People	55
16	A Vegan Recipe	58
17	A Lie, Aliens	61
18	Do Not Condone	65

19	In The Mirror	68
20	Home	74
21	They Are Peaceful	78
22	The Food Show	81
23	We Want to Go Home	83
24	Stay Away	92
25	The Kingdom of God	95
26	Let There Be Light	98
27	Robotics	101
28	Stop The Lies	104
29	Satanic 'Worses'	109
30	Wait	113
31	Keep Hurting	116
32	God	120
33	Follow the Rules	124
34	Emotion	128
35	What is This	133
36	What if	137
37	The Web of Lies	140
38	Vanity	142
39	Feel the Shame	144
40	Rights and Wrongs	149
41	Ruth	151
42	Gelf-Realization	156

43	Inception	158
44	Faith	160
45	Consumption	162
46	Gratitude	166
47	Who Is It?	168
48	The End of Time	169
49	We Will Change the System	172
5 0	The Vegan Campout	176
51	Hell's Jingle Sells	177
52	Violent Night	179
5 3	Deck the Empty Halls	180
54	The Night Before New Year	182
55	Cold McDonald's Restaurant	185
5 6	Mummy's Little Calf	187
57	Mama Mia	189
58	My Vegan School	190
60	Lake of Liaro	192
61	Land of Racial Glory	194
62	Masterful Puppets	195
63	Go Vegan	197
64	Unlivable	199
	The End and Author's Bio	

Karma

It is a lie

That somehow, somewhere
The results of actions
A person will automatically bear

No, it is not karma

You do not get another lifetime

To let superior 'divine forces' work things out

That it will be 'effortless, sublime'

No, do not fall for that deception

Karma is your own action

That is all it means

What you do, what you think,

What you create, in this dream

Choose your own truthful voice

Your own righteous thoughts

Your own loving emotions, your own good deeds,

Because someone else will not

No god or goddesses are sitting out there
To give karma to anyone anywhere
There are no new avenues for 'fresh takes'
No, the matrix is not giving us silly new lives

To teach new 'lessons' to people who make the same old mistakes

To give them another chance to set things right

That is not how it works!

We have ALL been deceived...

Told lies that we should leave it to some other sort of 'karma'

And let the universe 'balance out' scores of good and evil deeds

Your karma is your own work
You are the change you wish to see
You are alone, you are the one
That is all there is to be
Be honest, authentic, be real, and genuine
Do not feel ashamed to say what is true

Be noble in deeds and virtues, Not in status or finances

Let your consciousness be consistent, Be one of the few

Be vegan, be non-violent,
Be a human who is normal
People around will teach you to be like them,
Oull, complacent, abnormal!

Be different, do not blend in,
And do not take the blue 'pill'
Do not be tempted by taste and enjoyment,
Be still. Have your own will,
Make your own stand and stand by yourself
Be your own friend, your own teacher
Be your own help

Karma is within you

Not in someone else's hand

Not in any God's word

Not in a guru's voice commands

Neither in hell nor the heavens

Or new lifetimes, or plants, or pets, or planets

But within you, in your own inner 'land'

United Nations

No one has rights in actuality On paper humans have rights, There is a disparity, in reality

As far as other species go, Other animals and their children have zero rights, you know!

No rights to survive, to defend themselves, No right to have life, this is how United Nations help

Even on paper animals have no declaration

The governments, corrupt and heartless in every

nation

In every city, they have fishermen

And farmers who abuse animals, and turn them

into food for man

Sold cheaply for leather, fur and as toys Little girls and little boys Their mums give birth in jail after being raped

Then into burgers, sandwiches, and sausages

shaped

Children and mothers are not loved but hated
Little ones are locked up in the cold and suffocated

To death ground up alive and macerated Yes, for no fault of theirs, to hell all are fated

Decades after decades, of misery, the same story False pride, false ego, false vanity, false glory

The tainted human race has no shame or imagination

They cannot think or feel for others, that's United Nations

Celebrities are busy promoting animal 'welfare' and human rights

Earning millions day after day and night after night

They have not a single penny to spare, no charity, no care

For outlawing animal agriculture, farming, and fishing, everywhere

Therefore, this petition is well-written and worded

So why do millions of humans still hesitate to

support it?

That is the truth, humankind is not so kind

And United are Nations in supporting criminals

with no mind

So let there be change, let the animals have rights Outlaw animal farming and slaughter, let this be YOUR vegan fight

www.change.org/endanimalfarming

Ban Animal Agriculture

Ban Glaughter

Ban Animal Testing

Outlaw Animal Farming and Exploitation

Ascension

Everything on Earth is perfect
On the real earth.
The one we were expelled from
Placed into a simulation
Out of heaven and into hell
Fell from Eden from Paradise
Misled by Satan's endless lies
We could not find our way back again

Everything on Earth is normal
On the real earth
The one where humans live
Not in the reptilian world we live in
Not in the matrix in which we 'give in'
We give in to fear over here
We are afraid to seek the truth
We are called mentally ill and militant
If we say, we should only be good

Everything on Earth is all right
We are not on the real Earth my dear
We live in a place of hate, violence, fear

A place where 'demons' rule

A place where a victim is called a fool

A place that is this world, the hell

Where it is normal to be cruel as the devil

Return to Earth

It is pointless to be explaining

We speak and speak till we are tired

We are tired of complaining

We cannot expect anything from 'them'

They have no emotions or sense

They are programs, (demons) not real living beings

They have no brain, no heart,

Except for a hologram

One that looks real but has no real part

Awaken, you are not in Heaven
You are not even on Earth
You have been fooled since birth
The signs are very clear
Maya is all around, with illusions based on fear
Jailing us in captivity the Devil has commanded
his authority
While God is within us, our own sense, our own

empathy

This is our only savior The truth in all simplicity

Don't Use That Word

It is that word
Remains unspoken
Drowned within the awful noise of silence
A silence unbroken
The word that we must shout out
On top of our voices,
Rape - yes it happens to them too
Not just to me and you
Their lives matter

It is that word
Remains unsaid
Drowned in the awful noises in our head
Noises of demons who would rather shame you
Instead of letting you speak the truth
The ones who instead of supporting blame you
Because you said - murder
Yes, it is not just slaughter
Just because it happens to them
It is murder - just the same

Yes, it is that word

No one has said it aloud

Without condemnation

Without being surrounded by those who doubt

Their feelings and emotions of utter horror and

sincerity

Holocaust

Yes, it happened to them too, a humongous tragedy
No matter who the victim may be
It is a reality

The meanings of these words do not change

Just because the victims are not the same

The words are powerful, they state the truth

And maybe you should too,

Instead of scaring those who use these Words of

Power

Instead of being one who is frightened, who would cower

Shouting out these words loudly

Never let only humans own those words too

proudly

No one owns victimhood

These words belong to no caste, no community, no species

The exclusive ownership of these words does no good

Let them be free

Let them be spoken

Let the silence be broken

Let no one take control of the planet

Let it belong to itself

End this human hell

Because yes, Animal Lives Do Matter

Let no one claim ownership of these words,
no one buys them, no one sells
These words, let them remain in the dictionary
As defined without any parameter,
It is not a trademark, not a brand-name
Owned by a specific group
Let definitions clear the meanings
Rape, Murder, Holocaust
Of any sentient being
Are wrong
That is the truth
And truth is good

Flowers and Fruits

Welcome to this garden
Growing, reaping, doing well
Flowers, leaves, and fruits of hell
As we sow and plow, so we grow
Life is not a hideous talent show
Or a beauty contest
Or even a gardening challenge

There are no winners
There is no prize
We are all tested
No surprise
By our consciousness
A judgement that is best
An inner one
To help us learn
No escaping till we are done

As we do, think, feel and give
So, we receive and plummet
It takes time,
Patience, mind

We wanted to 'be someone'
So, we chose to be selfish
And unkind
We have heaven
Yet we desired hell
Singing temptingly
Dancing merrily
To the tunes of others
Over the innocent blood, bones
And feces
Of all our victims,

We, human beings with hearts of stones

Enjoying, brilliant we are
We the People
But 'they' were 'things' and 'food' to us
Blindly we looked around,
For some canine company
For a partner in crime
For some display of kindness
Among narcissistic humans
No animals were in sight
Except for a few squirrels
A few stray mongrels

Some victims in zoos We never questioned Are we innocent?

We think we are hunting them
We shoot blindly
In utter darkness of unconsciousness
Hurting ourselves
Drunk on pride and ego
Where else could we go?
But towards the dead, promised land
Of crude oil, milk, and honey
Alas the rape and slaughter
Of earth, cows, and bees
Was the cause of our own disease

I am here
Still learning the extent
Of my own evil deeds
No one tempts me
I have no desire
For any heaven
Or any regrets for hell
All I have is silence
Shame

And a realization
This is no game
Because all beings
Are only One
As we do unto others
To our own self is done
There is no 'safer' place
Or a better one
There is simply the self

Temptations

It is just a dream

Row your boat gently down the stream

Enjoy the ride to the nether side

Gays the pirate, your soul to steal away in the dead

of night

It is just a piece of dead dairy (cow) chocolate

Just an ice cream

Just a bit of sewage

Slaughterhouse waste isn't well packaged

For your last few cat-treats

Just like broccoli

The value of a life, so silly

The carrots scream when you cut them too

But they don't taste like 'high-welfare' meat, to

provide leather for your shoe

Those animals have had a wonderful time

And God allows you to commit these well-meaning

crimes

Insects are killed for growing plants
That is why killing animals purposely 'for the planet' will always be in demand
At every step of the way
The Devil has had his last say
Enslaving masses eternally
Breeding them in lots and killing them mercilessly

Life is lived just once Gobble, gobble, crunch, and munch And off we all go to our chosen hells

With every one of those nasty meals that they sell
They tempted us with bitter enjoyment, they
advertised
Enchanting us, in our last few moments, with

beautiful lies

Your mother, brother, father, sister, cousins, aunts
Your boyfriends, girlfriends, and enemies, all
repeated the same old stupid games and ignorant
chants

Your fantastic manners told you to moderate with humans in communion and bliss

Happiness is not within you, but in Satan's commandments, make your (final) wish

In every corner of the ways of your senseless life

The devil was preparing, an all-new tangible

disguise

As your teachers, politicians, your reverend priestesses, and priests

Your doctors, your nurses, your military chiefs

Your rock stars, your superheroes, and talk show hosts

Your angels, your spirits of healing ghosts
Your superiors at work, your awful colleagues
Your cheap mates, of hell, in your final 'spaceship'
Sail well
And enjoy this

They winked at each other
Then your soul was rejected
You were not approved for hell
From their ships, you were loudly ejected
Because you stood still
And did not give in to temptations
You were not a proud citizen of even one of their
jubilant and powerful nations



Care for Earth

We do not need Football fields Zoos

Big stadiums for rock concerts
Or animal farms

We need trees

We need homes

We need places to live

That do not destroy the planet

That do not steal homes from other creatures

We do not need parties

We do not need mindless celebrations

We do not need garbage

We do not need packaged products

We need fruits

We need human food

We do not need to be insects and reptilians

Chewing and nibbling on everything we can see

Eating mindlessly Bits of rotten bodies and dirty secretions found in shops

We need humans to talk to
Not strangers, living uncaring in their artificial
flats

We need to see people who smile and, mean it

We do not need plastic toys
We do not need doughnuts and cushions
We do not need Xboxes and PlayStations

We do not need furniture
We need lush grass in the wilderness
We need a sky that is clean
We need clear water in our rivers and springs

We do not need artificial beaches

We do not need hamburgers and cheeseburgers

We do not need sausages and biryani

We do not need kebabs, pizzas, pasta, and gravy

We need nature

We need to live in a way that we were created

We do not need to be artificially educated We do not need jobs We do not need suits and ties

We do not need trains, airplanes, and cars

We need our bodies

To walk with

But they won't let us have them

They want us to die

They create pandemics

By giving us animal farms

They laugh at us when we want to ban them

They give us a small amount of money

To help us find a job

They give us presents that are trash

Wrapped in plastic

In the name of charity

They give us the dead bodies of murdered birds for
Christmas dinner
And dairy chocolates to make the rich richer and
the cows feel even more abused
They throw these at us, expecting us to be sinful
and 'grateful'

Broken bits of life, dying to be lived completely

And so that we subsist in this horrible world as their slaves

They give us shady places to live today

So that we pay for them tomorrow

So that we are never free

They will not let us escape
They live off our energy
Because they have none
No spirit, no souls

That is why they consume dismembered bodies of others

That is what makes them feel like 'superior' demons, with intelligence

They think and talk
But have no feelings
They move and walk
Like robots, filling up the hungry planet
A planet that loves us
A planet that wanted to live

Like There is No

Tomorrow

Our house is not on fire We have no homes at all We have no life

We are the ones who are forgotten in your daily adventures

In your cinema and celebrations, we are just food
In your family day out, we are your entertainment
We are advertised as happy ones in pleasant farms
Loved and cared for, so humanely slaughtered,
Even you would die to stand in the slaughter line
We have such a good life that you would love to
take our place

To be bred to be bled

No, we have no life

Just an illusion

We the victims are not protected

By any law, in any country of the world

We are not respected

We were never seen, in our sorry state

In our pain, misery, and infection rates
Only humans were saved from coronavirus
They remained carnivorous
They remained uninterested in veganism
Saying, it was a personal choice, not their decision

It is too late now
Time is up and the game is over
There is no future, there is only the past
We are simply a memory
Lingering on, reminding you that 'we know what
you did last summer'
Of 'last Christmas',
In all the 'horrible histories' of all your horrible
countries

We are the shadows of trauma
The ones who were never loved
The ones who never had mothers or fathers
The ones who never even saw their families
disappear
We only saw own blood on the kill floor

re only saw own blood on the klu floor With that of our loved ones And will always remember Like there is no tomorrow There was only yesterday
A nightmare that never ended
That goes on and on everyday
A grim reality on replay mode

And nothing really changed

Because there were not enough signs on the

petitions

To let us live

We have no rights, as we have no right to live
Our bodies did not belong to us
We were not counted as rape victims

There were no United Nations protecting us
Only exotic wildlife was protected for a while
Until those humans had enough variety
We were not variety
We were the common 'non-public' who deserved to
die

We were not citizens with choices

We had no personal choice in our rape or murder

It was you who had the choice

We had no power to vote

No one stood for us in elections

No one represented us in any court battles

There were only human beings (criminals)

everywhere

Fighting for human rights

Their basic rights to kill us and consume our

belongings

To take away our land, water, and bodies

They took away everything

And they decided to live

They fought climate change and covid variants

To save themselves

Because 'Jesus loves them'
We were not the chosen ones
In their book of life, they decided to be in Heaven
with God

We were condemned

Maybe it is because we had no religion
Or maybe it is because humans have no morality
They are the devil worshipping themselves

Eyes See You

I see you

I feel the pain

I am alive when you try to kill me

In the many hours it takes to die

I witness all your crimes

Even though you feel nothing

When you buy me off the stinking stall

My rotting body is a witness

My eyes never shut

Not even for a second did they have mercy

I saw it all, the blood and gore

Wide open

My eyes see you now

And I have memory

I recognize your face

And all your crimes

As you proudly say

You are pescatarian

You are transitioning

You are wrong

Just go vegan today

What is taking you so long?

An Apologist Vegan

I am so very sorry

To animals who suffer needlessly

Those who are victims of gruesome crime

I feel bad for you - all those who hurt in agony

For you I pray, for you, I do have time

I am not sorry
To those who do not apologize
Who do not have time to think or feel
Who have no sense to realize
The terms and language that are for real

No, I will not apologize

For being honest, and speaking my mind

Tell those who abuse, hurt, rape and murder to

STOP

Not the protesters, why should we be doing time?
Why should we be praying for our charges to be
dropped

No, the vegans need not apologize

For saying something, for doing something, in whatever way they could

They blocked the road today, wrote a few posts today, rescued a dying goat today

Those are not crimes; they did what every human should

Not just today but each and everyday

Apologize about this:

Someone was trapped in a jail for no reason

Someone simply could not move away from the

rape rack of insemination

Someone could not run away from the beheading

machine

Someone in your own neighborhood, your own town, your own nation

Perpetrators I do not pity
For chain-abusers I have no sympathy
If they do not change and have no heart
There are others to help, to be treated with empathy
For those who deserve it, I try my best, do my bit,
play my part

Stop apologizing

Get the victims free and let them be on their way
Let it be known that you are changing your ways
Do the right thing, go vegan, and be against crime
No - it does not take forever, all it takes is today,
just today

Until the End of Time

Legal Crime
Every country's shame
Every human must take the blame
All of us, we are all the same
We think life is a game
We kill in a vain God's name
We shoot without aim
For filling life's empty frame
Meaninglessly, we love ourselves
We eat the pain
We consume the stain
It is rape and murder
Yet again, and again
It happens, all the same

What the Hell
What is that smell?
How is it on earth we fell?
From paradise straight into the web of lies
Eating maggots, pus, and germs of suffering
How is it that we felt well?
Do we get health and nutrition?

Are these fruit that fell?
Or are these the heads of people
Animals are people as well
Yes, they are people
But why do their udders swell
Why do you want them for butter
Do you love yourself like no other?

Your life matters
Black lives matter
Female human rights matter
Human children's rights matter
It is not abuse, or rape, or murder
When the victim is of species another
They are in the gutter
They are the other
Uncared, unaccounted for, un-citizens
They have no rights, their rights don't matter
Is it right? Is it something to argue about or
chatter?

What is the reason we talk, and people still do it?

Human government - that is all there is to it

They want to cook it, boil it stew it

They rape and murder proudly - yes, they are into it

They are businessmen, making money, paying taxes, see it?

This is true, their work and jobs are real, we speak against it

They shame us, call us loony and stupid
They are praised for it, we are called names for it
They are given compassion and kindness for it
We are blamed for opposing it
We are the militants with no weapons - now do you
see it?

Our crime is to oppose it - to use words for it

To call it out, yes, that is ALL we did

And we paid for it, and posted ads for it, with

money we did not have

This is the reason we do it

We want to be safe, we want to live
We want to take anything but life, we want to give
We want to be happy in a world in which it is safe
to live

We want justice for us, and the animals, that is our gift

Life is precious, the body needs respect, it is not for abusing

Not for selling, it is not yours for your choosing
Not your personal choice, we are refusing
We are the victims, the voice of the ones you rape
and kill

And we will speak until we live here on earth, until earth is still

Until the end of time, we call out the legal crime

Our Compassion

There is a special place in the heart

For all those who harm and kill

For those who rape and murder innocents

There is a special place still

In the heart of the Devil (Maya)
Who chooses his candidates for horrible hell
No matter how rich or poor you are
In his tests and trials, you will do very well

If you condone murder and rape of victims
Raised ethically on rape farms
If you praise the techniques of murder
And say - 'our methods are the best, just breed to
kill - no harm'

If you praise your country for the best of 'humane'
graphic murder
For the most ethical rape there is on earth
If you are friendly and peaceful with sinners
And happily to more evil you give birth

If you condone and accept as normal
Horrible morons who love hell
And if you make them feel accepted
You will be accepted with thorns as well

In the gates of other dimensions

From where demons and devils are aching for you
Whispering gently lullabies of peace
In your meditation and dreams, soothing, blissful
and ever new

They are angels - Yes, the dark angels of hell
Still unconscious, you allow them in
Loving yourself, caring for your body, your mind
with sweet aromas
You forgive yourself and YET again you sin

You say, 'do not judge me' to God
You say there is no such thing as hell or sin
The new age and religions of fear and shame
Have fooled you and ruled you, and they from the
Devil, win

You thought belief and faith were enough

You felt wonderful singing praises

You enjoyed love, light and laughter
You were happy through life's short stages

As you continued to condone murder,
You refused to vote to ban the crimes
You were alright with the rape of another
You were simply on earth - passing your time

The world is simulation, digital fabrication
The test of character and consciousness
It is not over, choose all over
Once you have a chance to be forever blessed

Change your ways, choose to be not evil but good And give up evil ways, do not associate with them who harm

Be ashamed, repent, abolish

Do not wait for tomorrow, this is it - The final one

alarm

Crimes

'Please change yourself and be nicer

Dear devils and demons who are everywhere on

earth'

We apologetically pray, we whisper, we speak and plead compassionately to the devil himself
To people who are criminals, physically, mentally, and spiritually

Those soulless people - we ask them to eat a vegan burger

They look at the videos of graphic animal abuse And take yet another bite to enjoy its terrible taste Cheese, ham, sausage rolls of raped and abused babies

Chicken and fish fillets made with torture and screams of hell

This what they bought every-day, with all that filthy smell

This is what governments would sell

We petition to them the government, the devil himself Masterminds of the crime
We expect religions to hear us, The Pope the Bishops
We petition them - the devils around us and who do
they care about?

They love steak and ice creams made of sexually abused babies, their milk, and bodies

That is how pious they are really - any doubt?

The standard response of parliament is the same "We have the best animal farming practices, we are proud"

"Our egos are inflated, we call it husbandry
That is what rape is all about"

"Yes, we murder them, we do it well, we have
trained professionals to conduct the crime as
quietly as possible!!"

That is what they all say, government, people,
businesses, farmers
That is what makes their day

We tweet and post the same things repeatedly on our pages

Do we need to - can't we see the evidence directly

Lying on the supermarket shelf

In the butcher's shop

In the restaurant next door

In the kitchen of your neighbor and parents

Do you need a graphic video of gruesome crime

Does it become more of a crime if it is very gruesome

Or should not the dead body of the victim be

evidence enough that a crime took place?

Should not the sale of his or her body parts and

secretions be enough?

To evidence the actuality of the crime

Do we even need to say anything?

But the fact is those crimes happened - again and again

Only for one reason

We accepted and condoned, we respected the morons who were guilty

We gave them tea and sympathy

We did not say - you are wrong, stay away

We did not say, your actions are evil, disgraceful, and undeniably criminal

We accepted crimes in society, day by day and were outnumbered

This was our blunder!

We told the humble outspoken activists to be quiet and sing with them the morons,

The criminals - to be all smile and pretend

These masks falling away now - I have seen them

fall

At least it is a NO from me, and that to me is all

Ground Control to Computer

Feeling like an immigrant on earth, I survive Looking for signs of intelligent life

A human mind

I must be blind

Because all I see

Is rubbish, everywhere traded for a fee

Religion for one, a confusing mess of complicated and horrid stories

Crime is another...it is just everywhere, disgusting, horrible and gory

Marriage, the sheer dumbness of a system of complete long-term sexual slavery

School, the place where people learn from others,

how to be dumb in practice and theory

Land, the commodity most severely traded at the

highest ever price

Other animals made homeless, their land acquired by humans through war, terrorism, and cruel lies Victims killed for creating artificial walls, gardens, football pitches, allotments, and farms, over nature's ruins

Everything belongs to others when we are born, and we have no choice but to be 'in'

What a system, we are not allowed to roam free and live in the woods,

We are domesticated instead of being wild animals, living the way we naturally should

People calling themselves humans, are busy justifying crimes,

Sporting each other in the acts, trained to be dancing merrily in artificial streets and homes, and merely passing time

Hunting, farming, mining, chemicals, plastic, fossil fuels, pharma, shopping, deforestation All crimes conducted systematically for human welfare and 'emancipation'

Children learning to have fun,

Learning to be ignorant and to never even for their

own lives run

The heart center is never activated
The brain is virtually dislocated
Heaven forbid me from trying to stay sane
It almost appears that it is better to live without a
brain

History is witness to nothing but human folly, a tragedy

Maybe chewing animal flesh and guzzling dairy has forever dimmed our basic intellectual capacity

Are we writing letters to the devil, ministers, and parliamentarians

Rather understandably they are semi-omnivore and pescatarians

And us few vegans, well simply going vegan and telling some people to go vegan was such an effort, a big deal!

We have no idea how to go about outlawing the crime of animal farming, so that the planet may heal

The names of those famous celebrities who go vegan and then backtrack, I don't even know,

Must be another performance in the media's money driven semi-idiotic reality show

Those who have money are busy profiting,
promoting more 'trendy' trash to buy
Those who are victims are not allowed to vote,
although they are the only ones who might care to
try

The animals - they are not even counted as citizens,

The planet is owned by presidents, monarchs,

corporations

(By dumb humans, as per their own independent judgement and decision)

Empty words, feeling helpless and nothing much to say

Perhaps it is best to just let this god-forsaken planet drift away

Just send a ship to rescue the victims, the nonhuman animals and take them out of this hell And leave humans to extinction, here's wishing them all (fare) well!

I See Dead People

Spirit whisperers

Oreams of magic

Mysteries of the night

I see dead people

They are with me

With souls as high as the sky can be

Some are with Satan and Lucifer
Those and family and friends
Some are in the underworld
Robed saints, turbaned gurus, and human-masters
That live underground in life after

But pigs, cows, goats, sheep, lambs, and birds
These spirits I have heard
They are archangels and gods
Brilliant ones, heavenly hosts
Liberated from these hells of earth

So, if you seek heavenly graces
Look away from human faces
Look beyond those words of hell

Written scriptures, chants, or spells
There is no innocence there, you can tell

But in the eyes of the ones who suffer
You see it, the truth of what we do
This is our karma; me and you
Born in mystery, in this world's tainted history
We were fools not knowing what is to be

Of our afterlife I have no clue
I see demons, in my view
Updating our memories, yet confused
Upon this earth, trained to own, till, slaughter, use
Unfortunately, hell is what we choose

With each poem, each word we write

We try to 'show' how much we care

But the truth - it is simple, clean, and bare

We have abused our planet, trees, and its animals

We are not on earth, for this world sounds more like

hell's carnivals

Oh, sorry for being 'negative'

Better tell lies, for truth is feared

Fairy tales are what people would rather hear

Of superheroes with special powers Who zip about saving the planet every hour

Strange, I can barely see a single human

Maybe a few of us want to be human, yes, we are
learning lessons

Trying to leave the world of Satan

Initiated in the devil's 'maya' since birth

No, we are not on earth

A Vegan Recipe

Replace meat with education

Dairy with compassion

Eggs with empathy

A spoonful of sensibility

And justification with honesty

It really does not take much time

Maybe a bit of acceptance
Will add to the flavors, and aromas
Looking backward
An admission of guilt
An acknowledgment of our violent crimes
And a hint of retribution for our past mistakes
Instead of hiding away behind the excuses
Still saying, 'Don't judge me!'

As a matter of fact, what we really could do with

Is a bitter sense of judgement

A rejection of our own evil

And the courage to stand up

For the rights of someone who has been wronged

To return our victims back to where they belong

Away from our clutches And far away from the arrogance of our lying heart

Seeking 'some love and emotional connections
Looking for constant sympathy
When you are not the one who suffers
When you are not the victim here
Or maybe we all do suffer a bit
From a lack of insight
And a constant search for 'others'
Instead of a seeking of core truth

The nutrient we are all rather deficient in
The reason for all our diseases and abnormalities
Ts a simple one
We are exceptionally low on moral fiber
And 'high' on our own ground

A fancy-dress competition

That is what the world looks like, most of the time

Because we remain 'innocent' consumers,

Wanting some more entertainment

Some more satisfaction

Fishing for yet another compliment

Trying hard to make some 'friends'

To have a family

When all we needed was to be free

Of our own lies

Even more than cholesterol, sugar, and sodium content

Our meals are excessive in themselves and far too frequent

We have too much protein in our belly turning into $\label{eq:protein} \text{fat}$

What we do need is a bit of hunger
A thirst for something more than mere eloquence
A bit less of shopping, a bit less of garbage
And certainly, less food to eat
Because we have had too much already
We have had our meat

A Lie, Aliens

We have a little place called earth

Where we seem to live since birth

The multiverses are gigantic

Yet on earth, we are stuck in dramas (not all very)

romantic

Since we are born, we are deceived
Through fairy tales, we all were fooled (and we
believed)

This is what we were told,

Earth and water, fire, and air, rain behold

Spirit of nature is ether, within every creature

We were told lies, sold those elemental pictures

We were told to worship gods and goddesses often

Yeshiva, Hecate, Hare Krishna, Jesus, Allah, all

sent by Gatan

And delectable food we were drugged with Offered to supreme spirit with all that fake peace and bliss

Dairy, sugar treats and crystal gemstone rings

We were taught to chant, meditate, and powerful hymns sing

Slowly and surely, we were emancipated

From the true self, from the real home from which

we were evacuated

We were told to love - this world, this human mirage and sold a lie

that this simulation we are placed into is real, this is where we live and where we all die

Fools we have been - stuck in a miz-maze of bits and bytes

Of zeros and ones, computerized projections all full of stunning sensations and sights

We are kept all stressed up and worried constantly
through fear

Of losing our jobs, of losing our loved ones so dear,
We are controlled by demons in hell from all
around - thoughtforms controlling our mind
Telling us to trust them, or else they will send a
dozen authorities to chase us from behind

They have no real authority - they are just holograms, in this mind-bending program

There to fulfil through us, the mass consumer world's sick demands

But their masks have fallen, and we can see their wicked smirks

We know behind those human bodies what
reptilians and insectoids lurk
Carnivorous creatures that the devil has sent
To subjugate us, trying to tame us, for our will to
bend

None of them are human, none of them have a soul Un-spirit beings, they are straight out of a dungeon, a hellhole

If they consume animals, and think it is alright to rape and kill

If they merely want you to be nice to them, so that
you be happy and drink rotten cow's milk
This is where you understand that this reality, is
not over

They are mental projections sent through your fears, sent over yourself to hover

So be fearless, these shadows will disappear soon Say no to evil, and do not dance to their hollow (and insipid) tunes

It all starts with going vegan

Your journey of light, this is where it will begin

Do Not Condone

Violence once condoned

Spreads itself

From one specie to another

Faster than a mutated virus

Do not spread

No need to be apologize

To those who believe in rape and murder

If they know it is wrong, they saw, they read

And still stayed the same

Do not condone

You made your point
You were educated
You educated them
But this they hated
Oo not feel bad

Say no to evil
Without any worry
Let them huff and puff at you
With all their fury

Do not be bullied

They will tempt you
Threaten you with isolation
Tell you to feel sorry
Treat you without any emotion
Do not give in

No, you do not need
A strong battalion of friends
To go marching around with
Just the right ones
Do not try to win over the wrong ones

It is about the victims

Not about you or them

It is all about the ones who suffer

Your compassion is for them

Do not waste time

You are here to learn lessons
They are here to learn theirs
You can be here
They can be there
Do not unite with their type

Oraw the line, it is easy
Good or evil, which way to be
Nothing to feel shy about
Do not have an inch of doubt
Do not rebound

If they learn
If to the right place they return
Then you will be one with them
Until then you are all done with them
Do not feel alone

In The Mirror

Do we really need Jesus?
To tell us what is right?
Or Kansa, Ravana, and Devil
To scare us into fright?
Do we really need to believe in Krishna
Kali, Allah, Athena, and Diana?
When this universe is a dream
A mirage, a dream (Gapna),

Do we really need a missionary?

To preach kindness?

or a Wiccan celebrity to say

Harm none and be blessed?

Do we need a saint to teach us
Basic values and common sense?
Do not kill someone, do not rape
Do we really need to learn all this
With some holy prayers, meditation, choirs, or
incense?

Do we really need a sadhu and Sadh guru to tell us

Not to eat meat and dairy, to not 'hell' us Do we really need teachings by holy ascended masters

Someone to educate us about childlike virtues of Basic compassion, simple love, a bit of light, some laughter?

Where are we going, where are we looking - all around?

These virtues of heaven, are they somewhere else to be found?

Or are they within us, basic moral values, basic insight

Do not hurt someone, do not murder, do not fight?

Do we need Earthling Ed and Joey Carbstrong
To tell us about something as basic as do not kill,
do not rape

That animal farming and slaughter is all wrong?

Do we need it to be so horrific?

Slaughterhouses and animal jails

Do animals really need to be horribly sentenced to

death and impaled?

Why, why do we want it to be gory?
Why do we want murder and rape to first be a
front-page story?

Why can we simply respect another life, just like that?

Why can we not honor free will-just tell me that?

Why can murder and rape not be outlawed?

Don't we have a government, what is the use of our human law?

Why is it taking so long, why should we wait?
When animals are waiting in line in billions every
year,

Right there by the slaughterhouse gate?

And eaten on the plate

Why should we spread our messages of peace love and compassion so very gently, slowly

Still afraid of reactions?

Why should we worry about what people will say to us

If we decide to take a simple non-violent action?

Why do we need so many words, so many pictures, so many hideous videos of crime?

Are we not already out of time?

Do we really have time?

Why is there no nation on this planet yet

who has outlawed animal farming?

Why is it okay to go on murdering, raping,

harming?

Why do we need all kinds of plant-based flavors, meats, cheeses?
Why is it always the taste buds every supermarket pleases?

Where is the consciousness, the awakening of heart?

Where is our morality, is it only in our mind?

And why is the entire planet being sold to us in our shopping cart?

How much do we want to eat, just how much?

Treats, and sweets, all kinds of fancy stuff,
every Diwali, New year, Christmas?

Even when climate is changing, even when
pandemics are here, and life is tough

What is this life all about anyway, what is it we seek?

In our holy books of religion, in churches, mosques, temples,

what is it that they solemnly speak?

Maybe they solemnly swear, they are up to no good
Telling lies... story time, facry tales stated in
glamorous architectures of stone and wood

Does it make any sense, all of this... or are people merely passing their time?

In hope of heavenly salvation, tainting earth with all this crime

When none of our prophets, gods, masters, gurus of past were vegan
Why are we still divided as Buddhists, Jews,
Hindus, Muslims, Christians?

Simple things we have taken millennia to learn
Do not kill, do not rape, do not exploit, abuse, just
for some money to earn?
So, please keep away those Holy Bibles, Noble
Korans, Gitas, Vedas, Torahs
back in their shelves

And look within yourself, in the inner mirror,

Simply Know Thyself

That is all there is to all our spirituality

So let go of all this mindless chanting, aimless reading, preaching superficiality

No need to go for pilgrimages to Himalayas, Glastonbury, Stonehenge, Kanyakumari, Mount Shasta

All you seek is within yourself, be your own master

Home

We have a small place
A place we do not own, but live in,
Where no one is harmed
No one is treated like just 'a thing'

We live alone
In this empty house
Inside a small flat
Maybe a boat
We have no grouse

We have a tiny garden
A small piece of land
Or sometimes,
Just none, but we understand

We eat plants,
We are vegan, it is easy
We also have work
We are all very busy

At home, in this little place we live in

We have emptiness
No one else within
No friends,
No family,
No special colleagues
No one is with us
Because they don't feel anything deep

People are busy
On computers
On phones, outdoors
In their lifestyle
In their daily chores

In this place we live in
In our home
We hold space
But we are alone

This place is our body
This place is our temple
This is our house
For our spirit, it is simple

We have no fun here

Except in our own silence
We have something within
It is our conscience
It is clear
It has no guilt
Because to harm someone
We have no longer willed

Right at this moment of time
We are free
Till the end of time
Free of the karma
Of killing, of harming
Free of the clutches
of animal farming

We live off nature
Plants and water
We have no need to breed
Abuse or slaughter

This has been a journey
Of truth, not belief
A simple act
of turning a whole new leaf

Then how can it be
So many people in this world
Still consume animals
Dairy, eggs, meat, leather, fur?

How is it true
They feel nothing at all?
Maybe it is better to be alone
In our home, no matter how big or small

So, within ourselves we go
This is the way, the truth, the life
Our own inner space
This is where we live and survive

They are Peaceful

They smile
Enjoying their day
Laughing, chatting
With no cares, they slay

Killing happily Being kind to each other Calling their neighbors Gister, brother

Slaughterhouse workers
They diligently work hard
As they cruel knives hold
As they horribly tear the flesh apart

In rivers of blood Standing tall, upright, and humble They are brave They seldom fumble

Listening to music

In empty headed trance

They could beat modern buddhas

If given half a chance

So, if you think smiling
Joy and fun is spiritual
If being calm and cool of mind
Is your daily ritual

Beware, be aware
The blank space in which you stare
May be just a gateway
To hell where demons are prepared

True virtue is empathy
Kindness towards every soul
Not just peaceful cold apathy
Not the emptiness of a blackhole

Let loving kindness be your meditation

Learn to care, to laugh and cry,

Be authentic, be true for once

Be in touch with your inner child

At least be vegan

If nothing else

Don't talk of Buddha and Angels While eating chicken wings, eggs, and breasts

At least give up dairy
Have a heart for those poor babies and mums
Do not pay for rape and murder
Forget about being divine
At least try not to be an evil scum

The Food Show

Culinary skills on television shows Killinary delights - oh yes, we all know

How to roast a bird, a headless chick, hog, or lamb perfectly

Oh, do not worry, they killed them quite gently, (although we did not really see)

We rape them humanely, believe us please
We breed them for profit, they are objects, they are
sold - not for free

You cannot hold them and rescue them from those hells

You will have to buy them because their owners will only sell

And that too dead, they will of course be bloodily slaughtered

They go into your tables and kitchens, and stomachs much after

So, show the whole show, really show how you prepare that dish

Just display the secrets of the slaughterhouses and farms, that is our only wish

The recipes you have written in books with pictures and words

Complete them, display the cages, the slaughterhells, for what they are truly worth

Let the consumers see who they consume, let them
witness the graphic horrors first
The taste of the dish will then be real, for better or
for worse

We Want to Go Home

In this hell, trapped for lifetimes
We are chained, shackled, made blind
Forced to fit in - into these dark cages
Forced to perform senseless acts
On these godless worldly stages

From birth to teenage
Adulthood to Midlife
From morning noon to the darkest night
Till we get old, till we die

Forced to become slaves

Gurviving - doing our time

Here in this world

Victims of horrific crime

Forced to live inside cold walls

Heated artificially if at all

Forced to drink the chemical poisoned water

And to give it to our sons and daughters

Forced to eat blood, to feed on crap

Forced to exist to serve the system

The system which is just a costly trap

Yes, we are wild animals
Ugly, into this system initiated
Fed processed dead morsels with bread and butter
obviously diseased, stinking, and constipated

Blindfolded by media who programs us

The animals we love, we must eat, they command

us

We do as they say, our parents, our teachers

We want to be good in their eyes

Even if they beat us

So, we buy things from shops the dead things that once lived

We eat them, and then we have some of their deadly milk

What a tragedy, humanity, human life
A sad situation when we have no land to grow our
own fruits ripe

We pay for every little bit of land, we just must pay

To pay with our own life, a rent - this is what society would say!

'This is normal'... but is it normal?
How? Tell me how normal is this?
We live in complete, utter stupidity
because ignorance is bliss

But we woke up, guess what... we woke up today
We are wide awake
Yet, this nightmare isn't over
Until these jails finally break

We want to be free Wild again in our mother nature Where, and how, do we escape This world, this hellish world - we want a better future

A future that is heavenly, a little paradise Not one that is promised in your religious artificial man-made books of lies

We want to live free, without having to slave Without paying for land, food, warmth, and water Endlessly, till we are buried in our grave
Without being forced to have sex to keep staying
married

Without being forced to be homeless if we refuse to be tarried

We want to live on earth, not in hell, not any more
We want to really live, not suffer, not be silent, not
endure

So, take away your meditation traps to enslave us

To program us to be happy in hell

This way you hurt us, you break us

You teach us to be positive, do you?

In this world full of crime
Where we are in danger of rape and murder
Living with those who are raping and murdering
animals - all the time

No more do we accept these fancy illusions
These buildings of concrete
These jungles across these noisy streets
The filthy smells of petrol and diesel

These empty talks of gods, goddesses, and angels

These churches and temples where nothing new is

learnt

These educational institutions

Where we are programmed to hell in burn

No, we will no longer believe in them

We believe in living

Not in merely closing our eyes, saying Om, Om, Om

Don't fool us into ignorant enlightenment
because we want to go home
To our real home

Yes, we will be livid, we are upset, we are not mad
We are not angry, we are unhappy, we are sad
We want to be authentic, no more silly nonsense we
will endure

Of your daily programming and training - we are now fed up and bored

No, we will not live amongst you, the jailers who keep us thoroughly bred and domesticated through and through

Through all that brainless mind-programming delivered straight into our head

We want a real family
Not those devils around wearing those face masks
Those who do not even like us
Who just want something out of us

To pay us for another workshop, another job, another task

Those loveless cultures of distant 'social' acts of fakeness

We do not care about those false smiles

Those pretensions of compassion, of greatness

We want a real family

Not the ones we grew up in jail with

We want to really relate with the trees, with other wild animals

With the real waters of nature, the streams the rivers of our dreams

Unpolluted by humans who abuse the planet
We want no longer your artificial comforts, forced
by habit

We want to feel the real air of mother earth,
Untouched by the smokes and fumes of poison we
inhaled since birth

We want to eat real food, the fruits from nature
We want real joy, real passion, real action, not just
well-designed pictures

No longer do we want to wait

For governments to open their iron gate

To our freedom, because they have none to give

because in freedom those official have themselves

NO TDEA how to live

They are programs of this system

They have nothing to offer us

except isolation

no heart, no empathy, nothing but frustration

In a stupid world where human monkeys drink milk of cows

In a crazy world where with sharp ugly knives they kill them with cruel cutting blows

This psychological nightmare - this world of horrors, of terrors, of war

A world in which we walk on eggshells, scared to stray far,

That too of eggs hatched through sexual abuse of birds

To describe such massive evil, we simply have no words

We have no need for your artificial cells powered
with unwanted polluting energy
Where you keep us trapped every second, every
minute, every hour, energy that is not even free

We want to go home - to our real home

Where we live without fear

Where we do not have to pay our weight in gold,

for a small piece of land, year after year,

until we grow old

We want to go back to the real world not back in a simulation

A real earth, with real love, not any of these earthly

political nations

A world that is not human owned Where totally wild and free we roam

Where our spirit isn't trapped - no longer afraid to fly away

Finally free, finally home
So please do not ask us to stay
Do not expect us to stay

Stay Away

I am afraid, (why - wouldn't you be too?)
of psychopaths, who kill and rape
I am afraid of those steely sharp knives,
Those scary shotguns, that penetrate the brain
Of little children killed in misery each day,
Of the cold cages where mothers are placed
Raped and left out to give birth to babies who are
taken away

And gassed alive in chambers worse than holocaust

Or electrocuted anally, or slammed on concrete walls

No human does that,

Yes, I am afraid of demons, of the devil incarnate,

(Won't you be too?)

So, if you order chicken, ham or steak, sausages,
pizza, burgers, curry
Made of sentient animal murder so gory,
If you eat eggs and dairy
Go away from me, you are scary!
Paying for cold blooded murder,

Paying for rape to breed innocent babies
Trying to look sexy, Wearing leather coats and belts
Shoes of skin, feathers plucked from gentle ones
who cry

You stuffed them in your pillows and duvets, and your new expensive coats,

You played happy tunes carelessly... So wild and free, you, on your animal skin drums ..
and you with all that non vegan perfume, soap and makeup that makes you UGLY
yes, you.

No, I won't be standing near you, chatting away, singing songs and hymns for fun,

Stay away from me, if you put little babies in your hungry tum

If you think killing fishes painfully, with knives and suffocation is alright

Stay away, out of my sight!!!!

If you did this to any human, Any man or child or woman

You will not be seen among them, right?

Guess what I am just an animal, all humans are

(And for some time I thought you were one too)

So those who kill and rape my kin, My brothers, my sisters, my children, for their bodies, their skin

I stay away from them,

Yes, I stay away from devils and demons, (and from carnivorous insects and lions). This I do.



The Kingdom of God

'They are animals' They are not meat They are not food They are not what humans eat

We are humans
Not special things
On earth why do we rule
From spring to spring

They are animals
They are beings
Creatures, God's creation
But we - are we kings?

Humans have rights
Animals have duties?
They are nature
Designed with beauty

They work for us
They are enslaved

Their bodies are eaten Ours go into worshipping graves?

What rubbish divisions
Humans - Animals
We are one kingdom
We are one universe

Perhaps we were sleeping
In Biology lessons
The fact that humans are animals
Requires no special wisdom

So kindly stop saying - 'I love animals'

Say 'I am an animal'

Know Thyself - a human animal

That is called 'being normal'

Get this in your head
For once and for all
All animals are equal
Whether big or small

Cat or dog Pig, chicken, or sheep Fish, lamb, turkey, human All are equal - this knowledge is nothing deep

How we simple ape-men have forgotten
Our humble inner truth
To think of ourselves as someone special
Superior to those with horns, beaks, fur, tails, or
hoof

So, come down to earth

Stop flying so high

You are no angel

Sent by some vain God through the sky

You are of earth
To earth you return
In this planet of million animal species
You are just one

No god has made humans special
The kingdom that comes
Is not of any 'God' or any dumb religion
It is of nature - for all of us to live as one

Let There Be Light

Let go of all the ego-pride

Get rid of all that greed

The lust for eating, wearing flesh

The violent, wrathful, needless deed

Do away with all that gluttony

Shake off that unhelpful sloth

Why not change those habits of old?

Why envy those who have them not?

Wash away those deadly sins

Don't wash away your tearless eyes

Let them witness the truth that hides

Behind those ugly walls of lies

Those Facebook walls of covered posts

That censor things that you should see

Because you ate someone today

For breakfast, dinner, lunch, and tea

Don't wash away the streams of blood
That left those bodies you consumed
Just because you bought them from
A shop with fancy glassy rooms

Expensive supermarket morgues
With tills that ring with million pounds
Yet filled with bones and smelly corpses
Everywhere you shop around

Casual daily purchases
Of nameless people, bred as slaves
Bodies dead with unknown faces
Your body is their burial grave
Their souls do linger on forever
Grim memories continue to last
The ghosts of Christmas, now and future
From the terrible times of past

Inside of you they stay alive
Hidden in your cells and bones
The spirits of those kindly beings
Whom evil farmers thought they owned
You paid for their deadly misfortunes
In your name was evil done
To forgive your godless crimes
There may be gods and angels none

Go within and now remember Why on earth did you ever hide That guilt of moral consciousness
The hint of your own soul inside
Don't cover up the truth right now
Why not show the gruesome scenes
In every restaurant and shop
On every household TV screen

Display the names of victims now
On every shoe and leather belt
On every coat of skin or fur
On every dairy chocolate melt
On every egg and piece of flesh
Identify who was bred, abused, and died
The names of females who were raped
On all that's dark, let there be light

Robotics

Listen repeat Animals eat Copy others Sit on your seat Spellings, Math Science, History No need to discover Inner mystery Religion, Society Culture, Fun Daily travel Daily run Grow up fast Get a job Guzzle dairy Roast a hog Killing, raping Abuse we learn All life except human We kill and burn Animals are proteins Plants have life

Get a degree

Husband, wife

We are apes

But have no clue

Stick to textbooks

Just like glue

Teachers teach

Children listen

Parents talk

Respect - 'it's them'

Let us follow

Be the same

Empty hollow

Playing the game

Never think

What is this dream?

Is anything here

What it seems?

Is there a God

Or is it my mind?

Ever look within

Try to be kind?

But alas

We have schools

Making robots

Out of fools

AI world

Computer simulation

There is no God here

And no Creativity, no Creation

Genseless, heartless

Meaningless cold

That is the way

We all get old

Money, sex

Fashion, fame

Chasing idols

With lofty names

Celebrities, media

Politicians, stars

Truth is distant

Hope is far

Mere illusion

Only maya

That's the secret

Of going higher

Higher in status

Higher in class

Lower in morals

Class after class

Stop the Lies

Vegans are angry
Vegans are kind
Vegans are angry
Please make up your mind

We write the truth
We show the pics
We state the facts
No twisting, no tricks

Is stating facts anger?
Is telling the truth wrong?
So why do you blame them
for staying so strong?

If powerful words and videos of truth are to be kept hidden then how is that good?

If facts are not shared and lies are believed

How can we question? Aren't we all deceived?

The system - oppressive is hollow and lame no more than the hearts of the people who blame

Aggressively they preach us
to be quiet and calm,
rude people who tell us
to not be alarmed

Cruel stabbing of victims, these rivers of blood, and we should be happy with this hellish flood?

Those trillions of animals just like us, the victims compassion is for them but you keep ignoring

Until each cage is empty and each soul free

the vegans keep speaking and still, you disagree?

If you are not vegan why judge vegans now what evidence against them would you show and how?

Are human bones broken?
Are human beings killed?
by 'militant vegans'?
who are peaceful and still

If firm speech and language and facts aren't allowed Then how can we change things? Oh, please tell me how

So, before you shame vegans and call them angry and loud first look at the victims and undo your doubt

The animals are victims first notice their plight

then speak yourself gently and do not truth hide

Human or other
we are animals we all
to think of own self as greater
is our ego - our fall

All beings with feelings deserve to be free all beings are equal acknowledge, agree

And stop shaming vegans
stop spreading these lies
of so called 'angry vegans',
while animals are killed - they don't just die
It is rape, it is murder
it is horrible abuse
and to say vegans are angry
this is of no use

Spread your calmness and peace among those who are unkind who order animal products

on their plates, every time

Teach them, oh preach them stop spreading confusion
If you want world peace get rid of your own delusion

Go to slaughterhouses

and go to those farms

where they rape and kill

be free to take your peaceful, angelic arms

And teach your compassion
to those who have none
first to yourself - at least go vegan
all your battles will thereafter be won

Satanic Worses

Right here amongst us,
in our dreamworld they stand,
hand in hand,
arms in arms
demons, devils
unalarmed
no moral stand
no ethics for this land
right here amongst us,
they stand
as we make our demands
pleading for graphic horrors to end

they laugh and pray
they are religious
no cares, no concerns
for crimes outrageous
on this worldly stage
they are so contagious
spreading the virus of religion
for ages and ages
as animals suffer, captivated in cages

as animals are killed in several stages

first - when they are traded
next - when they are derogated
treated as things not souls, they are jaded
third - as they are raped and berated
fourth - when their babies are separated
fifth - when they are painfully castrated
sixth - their children killed, all light in their eyes
faded

seventh - when in the slaughter line they are shaded

away from the public view, they are cruelly bladed and finally when nothing - just nothing is stated

no acknowledgement

truth is hidden and ignored

it is not entertaining enough after all

how will they sell media space if people are bored

it is celebrities who are adored

sex and glamour, fashion, and money

those are the headlines in newspapers

content must be kept 'funny'

keep those horrid pictures away honey

let people not see anything negative,

only decorate media with all that is bright and sunny

why speak of the pain and sorrow
of those whose land we borrow
those who to earth once belonged
(And always will)
those whom we have horribly wronged
why identify evil,
why cry or say 'no' or 'stop'
today spirituality means - shop till you drop
festive times, celebrate, to parties hop
do some gardening, grow some crops
relax your mind and unwind,
prayer and meditation are the best pills to pop

spirituality - that is the drug
attract success, believe in God above,
be happy, proliferate, be drunk,
do not seek truth, enjoy the matrix,
cherish every moment, love 'yourself'
just your own body and your own mind,
forget about your heart,
take care of your 'own' mental health
and cry alone (if at all)

talking to us through media, books,
religion and spiritual tradition
with all those (hellish) kind regards,
is Satan himself, who else!

Wait

Vacant their gaze
Empty the eyes
Hopeless their voice
Unheard their cries
'Wait' say the champions
Of Human Rights
The government cannot help you
We are not ready for this fight

Freedom from torture

Murder and pain

Humans deserve that

For the government will gain

Taxes and votes

If humans are pleased

Other animals can simply - wait!!!

Focus is now on human disease

Covid, pandemics and climate change

That is the focus,

And it is so - again and again and again

Year after year after year

Decades, Centuries, Millennia pass
Crimes against animals
Are simply normal - common, alas!
Wait, say the champions
The vegans, defenders of Animal rights
Wait for the masses to awaken
Wait, and let the industry and consumers decide
It is their 'personal choice' you see
To kill, rape or to show some mercy
Wait, while trillions of innocents die

Wait, we are sorry, we try, we really do try See - we post online, we convert people on streets Glowly....slowly

But if humans were bred or slaughtered Would this be how it would be done?

One by one

For other animals laws are different,
People cannot be changed so fast
So, for centuries into the future
Justice should be delayed - don't go so fast
Why, can we not have the courage to say
STOP the crime, ban the slaughter
All we say is spread some love,

Spread light and laughter
Bless the people who eat plants,
Be at peace with those who kill
To ban slaughter and breeding
We have no real inner will

So dear animals, we love you we say
But year after year, you will be abused and slayed
Day after day, decade after decade,
Just Wait!

Even though it is already - Far too late....

Far past the due date

For the change we can right now co-create

Right now - at this very gate

Yet, we hesitate

Why do we hesitate?

Keep Hurting

Do you feel that pain,
in your stomach
and your bones?
The sleepless nights
as if your heart was pressed upon
with a heavy stone?

The crying of the children who pick up dirty bits of scanty food

The crying of a mother who is locked up in crates of steel within barred doors of plywood

The babies who are killed on the floor streaming with blood.

The innocent eyes splashed with the fear and shock of watching their brothers and sisters hacked violently without fail

Namelessly dead and then sold for pennies at the supermarket sale

Do you feel that pain?
That one, you chose to forget about

When you put that morsel of flesh and bones in your mouth

Do you feel it, the blood of dead baby calves
In that milkshake you ordered and split in half
To share with your child
The one who you want to see, running, free and
wild

Do you feel that sorrow?

Or the strangeness of a world of no love?

A world where you are treated as a commodity

Not a beautiful soul sent from above

That world, the one you will never see
except the morning when you will die,
and imagine your soul being finally free,
alas, you could not be!

Do you feel it, oh you beautiful being of deep heartful compassion?

The kindness you spread among your human companions

Your passion, your devotion, your healthy actions
Do you feel that pain in your own skin?
As you count your carbon footprint each time you
leather coats buy,

Sustainably grown biodegradable secrets of victims that are mercilessly skinned before they die

What do you feel, where does it hurt you?

In all the oneness consciousness and unification of the universe within you...

those things you learnt by rote from spiritual books
that are true

How do you feel that pain?
And do you keep hurting again and again?
Or do you grow up, chill out and relax your mind
With aromatic herbs and instrumental music to
help you sleep and unwind
As you post your selfies of joyful abandon and
frolic, you happy inner child

Stop.

Keep hurting.

Do not sleep

Cry, scream, shout, and weep,

You are the soul of the universe

To describe your sorrows, you can have no words

Do not take that pill.

The blue one, to mask the pain and alter your brain

The one they sell in your meditation centers By telling you antiseptic lies That you are living as your friends and family members die

Stay awake inside.

God

Which one do I believe in, which one?

God - the racist one Who says he is the god of Israel yet funnily - the only true one, to amuse me he never fails

or God, the human faced one
Partial to one single species, hail him
To bring terror upon all other beasts, he gives us
dominion

or God, the one who is a shepherd and cowherd

Jesus and Krishna - the poster boys for animal
farming industry
...haven't you heard?

or God the patriarchal one
who believes females (shakti) revolve around men
(shiva)
like the many dizzy planets around the mighty sun

So many versions.

So many lies.

So many deceptions.

Why even the devil will be shy

God, the name, by which we murder

And put dead turkeys on the table around which

we hover

Thanking him... the god who gives
Murdered bodies for food
So that only humankind lives

God the one who gave animals for food

The one who is partial and brings us to heaven, so

good

Just because we loved him and 'Believe'
And love each other (just like dead meat and
cheese)

God the one who likes anal electrocution

To save the earth it is the only solution

If not, the plants will take over the world

And humans will die due to abundance of food,

haven't you heard?

Of God, his plans, his dreams, and creation

The way he made us, enslaved us, in his image and

fashion

This God, the one who controls

The one who rapes, commands to murder

For grabbing land, the promised land, for all its

money's worth

God, the one you obey

God, the one you obey

If not, you will die, dare him you betray

God, the one who will judge you forever

Gend you to hell where you burn and die never

God, the silent one who is everywhere, omnipresent

they say

Just like illusion, the maya, this play

God, the creator, preserver, destroyer
The Brahma, Vishnu, Mahesh, the power

If beastly power is God, then what's devil for?
The granting of wishes and prayers - that's all.

We want this God to give us a fulfilment of desires

For selfish needs and wants, before we all happily retire

Into our graves where we shall wait and sleep
Into an unconsciousness, so dark and so deep

Wait a minute, but we are already dead
Living without a heart, and completely in our head

Follow the Rules

In a world that is cruel
Follow the rules
Created by fools
Our lives they do rule

Eat pigs, cows, chicks that they slaughter
Without food or water
Gomeone's son, someone's daughter
Breastmilk and ovulations of raped mothers

Accept and not question
Use your minds no one
Be in inception
This matrix, deception

Bend thy will daily
Stay happy gaily
Emotions are sadly
Pretend to smile, (very badly)

Be guinea pigs Unperturbed like dry twigs

No movement, no passion Only to humans show a bit of civil (fake, evil) compassion

Obey their commands
Their will and demands
They will reprimand
You better not pull out your magic wands - for you
won't stand a chance

The rules of the system
Are made for resistance
Of every new instance
That someone tries to make a little tiny bit of, slight,
(maybe just a wee bit) of change

Trees we have few
But we MUST pay our dues
For highly prized land they slaughter to accrue
And pennies and pounds for the flesh per ounce too

We are all ill and wasting time
When we are ALL standing next in line
For their slaughter, feast and dine
On our bodies.... yes, OUR bodies

(We are all one - all animals, we are one soul) and our this very (one) mind

They will chew, munch and nibble

Like nuggets and kibble

Every bit they can gobble

If we stay dependent, powerless, and brittle

But strong willed are rare
Our virtues we bear
Hopeless and living in fear
Afraid of police, judges, doctors, social care

Who will be next?
The ones who are best
Those who speak out will be called to the test
Like the animals that cannot march out, rebel,
protest

So, wake up, this is nightmare
It is not meant to be, we are not really living here
This world of illusion, of demons dressed as
humans.

this world sheds no tears Get up and wake up, in despair,

Be-ware, be-where? Be aware

Find yourself, the place your real body lives

Not on earth - simulation where money everybody

gives

As a price to be 'born', where no-one learns, no-one forgives

But we all forget who we are, where we really are, but see only, this world, this simulation – yes, it is this!

E-motion

Energy in motion
Thoughts become things
Creating realities
We are angels with wings

We meditate Like we smoke and drink This drug we take So that we don't think

Our mind and feelings
We want to escape
Into oblivion
Our flight we take

We want God We want to go Higher Into heaven Let us all retire

> We do not feel Why feel hurt?

We only heal Through thought, through word

We use this power
We call it divine
This artificial matrix
Of matter, space, and time

We manipulate energy
E=mc square we say
And to this solemn power
This devil, we all pray

Feelings, emotions What are they for? Energy in motion That is all

There is no human
We are robots
Consciousness, AI
That is our only God

We wear turbans, We wear capes We are gurus, wizards, masters
For goodness's sake!!!

We read scriptures
Lofty. Holy.
Chanting mantras
Breathing slowly

We have no mind
We have no heart
We live our life
Through this sacred art

Every second

Millions of innocent animals die

Human compassion

That is our biggest lie

Just stop it now Begin to feel And maybe think And really heal

Let kindness be Our only meditation, our only intention

No saffron robes No thought creation, no illusion, senseless manifestation

Listen to your heart

Reveal your soul

Gee yourself

Be whole, not a blackhole

Feel the pain
Feel the hurt
Then maybe someday we will realize
What someone's life is truly worth

Be a human An animal, Soul (an Atman), Not a God, not yet Not a Sadhu, not a Maa, not Higher Self (Paramatman)

Be yourself
Take off this ultra-'spiritual' mask
This ego bottle
This 'spirit' flask

If you could feel Really feel ...a single thing Drunk in your 'heavenly' bliss You will neither dance, nor play, or sing Or stay silent

no...

You will cry, shout, speak the truth out - aloud Feel your tears Then maybe your REAL inner voice You will begin to hear

What is happening is not normal

Do not be 'one with all there is'

There is evil

Do not be at peace with this

Forget your bliss

Do not give the plight of others a miss

Your happiness, your inner satisfaction

Cannot be if others suffer, and there is no action

Do not close your eyes today
Unless you feel something in your heart
Unless there is something stirring within
Unless an inner revolution you are willing to start

What is This?

Cuddle me, kiss me,
Be kind to me
Give me attention
Some more sympathy

Be my pet
Live with me
Obey me
Give me all I greed

Listen to me
Be there for me
At any time
Unconditionally

Give me food Give me your milk Your eggo, your flesh Your skin, your silk

You gave me some Just last week

But I need more Therefore, a child from you I seek

I want to feel warm

Comfort me

And dare not try

To be free

You are an animal I need you And I need Your children too

Womb a child
I plant inside
Give it birth
It is my right

I am the God
Be my Goddess
I domesticate you
And me you will bless

Give me more than company
I need you to be

My daily meat
My cup of tea

This is love
It is my demand
Submit to me
At my command

Female spirit
No more wild
And your newborn
Helpless child

I now control you
From above
In my prison
You are not enough

Many more souls
I choose to take
This hell called love
Is what I make

I am educated
In this game

I feel no shame I want no blame

So be careful

Do not hurt - my feelings

By calling it rape

Or murder or stealing

What If?

What if there was no God No one to judge our lot Would you still kill?

What if there was no court

No law, no written word

Would you still rape?

What if there were no jail No-one to stop you, no need for bail Would you still abuse?

What if there was no hell

No fire and brimstone as they tell

Would you still harm?

What if there was no karma
No next birth to suffer the trauma
Would you still torture?

What if there was no angel
Telling you to be kind, a loving human

Would you still be positive?

What if there was no Santa clause
No one to check if you are naughty or nice
Would you still be good?

What if there was only you

Sharing this world with others you knew

Would you still love?

What if you were all there is

And everyone part of your inner dream place

Would you be in heaven?

But that is not so

We are not in heaven, that much we know

We are not all there is

Something is clearly amiss

The new age spiritual talk was wrong

Something was not right all along

If we created our own reality

Why would any animal be unhappy

If the world was an inner projection

Why will there be evil, and a need for its rejection?

What if you were in a simulation
Trapped in an artificial creation
Would you still believe in what they sell?
God and angels, heaven, and hell
Like Santa clause and fairy tales
Would you still be deluded?

What if everything before our eyes

Were honest lies

Would then seek the truth?

The Web of Lies

The matrix is a web of lies Media, movies, songs, and sighs Romantic notions you are fed Like advertisements in your head With sex and food, you are deceived To keep wanting things more than your need Its sensory input that is all You brain cells react on its call The inputs are from another system AI, reptilian computer simulation, yes, it is them Through relationships you are controlled You are asked to be limited and grow old You are forced to comply with demands Through the system and its commands The food you eat is not even food The people in your life, both bad and good They are generated like a dream In a holographic reality thought-stream When you speak the truth, they will shut you down Ask you to be dumb with an empty frown They have no interest in truth and liberation They seek neither, for they have other ambitions

They want to live in the web of lies
Within this matrix - they are wise
They want to relax and to enjoy
When their real body is but a toy
In the hands of a system that they obey
They call you mad if truth you say
We all are one, we are not many
One soul that is all, yet we are ruled with money
We are told to earn, to pay our bills
They take away our only free will
This system is not just a human one
If it were, the number of animals slaughtered
would be none
This world does not make any sense
The evil here is too immense

Open your eyes, See through the web of lies

Vanity

Typical human Looking good Chopping wood Killing others Just for food **Cutting trees** Ruining earth **Building hell** Upon our world Looking pretty Feeling kind To our faults We all stay blind Good to go To heavens high With the angels Want to fly God's creation Humankind? In the likeness Of divine? Meditation

Feeling fine But for the planet Have no time Wish fulfillment Prayers, spells Staying blissful In our hell Making money Making friends All illusion All pretend Murdered souls But selfish hearts Actors playing Different parts Wearing masks Insanity Deception, Ego Vanity

Feel the Shame

Climate, climate we all say, Our inner demons we won't slay.

We are victims we all shout,
What about As Within, So Without?

'It is the system's fault, not me' But into the mirror we don't see

Don't be in a hurry to forgive and heal First let it sink in, first try to Feel

Look within, find your inner Coal Your inner energy, your inner soul

Unless you have no money, how will you create
A new system, love-based give and take

Unless you have no private property

How will you know how to be free

Unless you have no food,

How will you learn to live, without coal or chopped wood

Unless you see the dark inside How do you find your inner light

Everything is our own consciousness

Stop pretending we are angels yet

Feel the darkness, feel the shame Leave the ego, take the blame

From within we generated our systems so cold Our coal and diamonds, lead and gold

These are just mere symbols, all these things Our crystals, magic wells, healing springs

No healing happens without 'me'
We are the devils to heal, can't we see

The change we need is all INSIDE
There's is nothing left, and nothing right

You are not a victim, imperfect, perfect soul

Feel the shame, take the blame, not the 'role'

You are not 'controlled' by anyone outside your 'me'
Of the self, how can we be free?

We are here in this world, for the work to be done
Inner work will free us, there is no Chelmsford, no
London

There is nothing outside, there is no one If we start with this, we would have begun

We are not victims, humans - we are perpetrators Stop blaming Trump or playing 'Greta' (greater)

Stop munching murdered animals, eating their milk and eggs

Feasting on innocent babies wings and legs

We have not saved the world just by going vegan
We have only just begun, not wanting to be demon

It is a mystery, nothing in the world is real But we don't want to stop and think of how we feel In a hologram, a piece of projection we stand

There is no food, no trees, no land

What do we think we see - our future, our past?

The oceans so deep, the sky so vast

All these are just reminders all these stones $\label{eq:localization} \mbox{Unconscious reminders - that } \mbox{I am - alone, } \mbox{I am -} \\ \mbox{my home}$

Not the fractals, not this dream

Not this body, not this mind, not this thoughtstream

This world is mere illusion slipping away

It is extinction time, no more night, no more day

This is no earth, open your eyes,

Stop sharing truth with those people, who want to

hear lies

In hell we stand, with blood at our feet
With the raped and murdered animals, whose souls
we greet

To err is human, to forgive divine,
But to kill and rape is neither, yet you choose to be —
unkind

And shout those slogans, of CO2
All I hear the animals say, is #shameonhumans
#metoo

I am trembling in hell, and you ask me to pay
I am thankful you did not chop my legs today
Although you did steal my milk or eggs today

I have only nightmares, there are no more dreams

Every night and day, I hear only screams

For the billions and trillions raped and killed every year, I stand,

Ashamed to be a human being on this rotten land

Rights and Wrongs

Human life, human rights

Of human wrongs, why do we lie?

Why do we cry for humankind?
When we are far from being kind

To the billions of animals, we ignore Everyday consuming more

Unimaginable crimes
Happening all the time

Every second hear them scream
In your waking life and dreams

Feel their pain inside your heart And maybe we can make a start

To heal the world a little more
This guilt is one we must endure

We need a revolution

And not merely education

This change can no longer wait When murder happens on every plate

Ruth

Pointless it is to be angry,
Pointless it is to be sad,
While pointless it is and a bit crazy
Maybe, just maybe it isn't so bad

Why should we not feel, why should we not speak
Why should we not let truth be known, for one
Why should we be silent, calm and in torment
What purpose does it serve when we're done?

Pointless it is to be angry
When anger is devoid of pain
When we feel nothing for others
And only are after some personal gain

Pointless it is to be sad

When sadness is devoid of love

When we feel nothing for others

But only our own wounds we rub

There is no healing without some feeling

There is no experience of truth

When we wear a mask, and do as we are asked

And have no sincerity, no Ruth

Anger and sorrow will heal our tomorrow

If we choose to feel some today

Without lashing out and hurting others

We choose to reveal things and have our say

Experience - the teacher of all

No person is big, no person is small

There is no learning if we are merely earning

The comfort of 'knowing it all'

We open our heart, and a fine way to start

By checking the mirror today

The mirror inside that tells us no lies

And shows us the realistic way

Demons inside us at war
Our demons are fighting the light
The message they have, is a question to ask
Why did we break the world, how do we make it
right?

So, witness the darkness within that is hiding

And hidden by charms and deceptions
Of our false pretenses, our shame, and defenses
We are all evil without any exceptions

The world outside is a projection, so real
We thought we are victims but - no
We are the creators of all things and matter
If it is not great, then why is it so?

Acknowledgement - of the darkness within
That is the only way towards light
If hidden inside all this darkness remains
There will be no morning, only an endless night

So, say it and see it, see it, and say it
Ashamed we must be if we have been wrong
The way to forgiveness and change is awareness
The path is within and keep walking along

If even one of us be fully awakened
If even one of us finds out own way
The destiny earth, the new one to birth
Will witness the light of a lovely new day

Rise and shine angels, the fallen ones here

We are all one and thought many Our family calls us, awaken together The feeling is strong and uncanny

Good things will happen, it's ascension

The prison walls waiting to break

It is our creation, our manifestation

But none of this further we take

We change from within and so deeply

That there is no turning back

Pointless to be lazy, though truth may be crazy

Why fear it, for its only truth that we lack

Long enough we have lived in deception
And that's why it is taking so long
But just like the dreams of perception
There is nothing real, it's only our mind that is
wrong

Welcome the fear of dissonance
The feeling that we are not awake
Or perfect or great, and for goodness's sake
Ask why this dark world did we make

Question our inner intentions

Something is feeling not right

That moment on a new day will be born

Radiant, joyful, and rather bright!

Self-Realization

I am feeling very strongly

As if I've lived up my life wrongly

I did everything people asked But my inner self was masked

I ate what they ate, I used what they used But I cared not how this earth was abused

The trees were chopped, the animals killed

I kept learning how to be calm and still

I went after money, I believed in fame But there was no truth, it was all a game

I wanted someone to love and marry But it was myself that I couldn't carry

I had intuition without any feeling
Without really caring I practiced my healing

I listened to Osho, Buddha, Krishna, and Kali

But it was all mind, in my heart I was lonely

I learned how to earn, and earned my degree
But stuck in illusion I could not be free

The higher self knows how to teach a lesson

There is no need for rage, or hurtful aggression

Whatever we do it returns our way soon
It is only earth, not the stars, not the moon

My past self is gone, there is nothing to lose Pain, grief, regret are just lessons I choose

I need to let go, of what I used to be Of my own illusion I need to be free

And therefore, I carefully manifest Bitter truth, for my earth to be blessed

Go, do not cause harm to any other creature And respect ourselves as a small part of nature

Be vegan, harm-less, don't collect idols or things Don't smart angels, feasting on chicken wings

Inception

Wanted to go higher
But going down
Deeper and deeper
Till the heart is found
Below the earth
Below the ground
Deeper and deeper
Down and down

Wanted to find the light
But finding just the darkness I tried to hide
Until there are no more
To awaken wide
The demons inside
All of them, deep inside

Wanted to fly but I swim and drown
In the endless ocean
No city no town
There is no one there
But the dark inside
No buried treasure
For there is nothing to hide

No more sorrow, fears

No more souls drenched in tears

No parts of me broken

Where hearts have all spoken

Where truth is revealed

Where goddess has healed

Faith

This world. The world is called hell.
Where people live, and death they sell.

This world where they say, Allah-u-Akbar, God!

They take the Devil as their Lord

In this world, they worship Maya Call her Goddess, who is a liar

This world of gross illusion Where all demons spread confusion

This world of peace and tolerance
To share with all our demon friends

This world of Hindu, Christian, Muslims All our faiths of hell where we sing

Angelic songs and chants divine
As in hell we bide our time

The sacrifice on this altar

Is of our soul, our own soul star

This world we choose over another

The one where no one rapes a mother

In this artificial world, we choose to be at peace With dairy, eggs, rotten meats, and fleece

> In this world we accept their choices And in hell, they sing rejoices

> > T

his world in which we want to be At peace in hell, we can't be free

This sacrifice is openly done

So that we can witness and then mourn

Because it is hidden everywhere else Regardless of faith, we are all in hell

Consumption

Whatever is sold...people buy
Change themselves? That's a lot to try!

I'd rather have the meds they say Where there can be another way

To question things is not pursued But blending in and being wooed

By shallow goals the matrix seeds To make us crave, to follow creeds

Food and sex, wealth, and power We are brainwashed by the hour

By music videos, films, songs
To stir desire, make us long

For things and people, we don't need

To live in fear and crave greed

We wear the masks that we are given

To comply with orders, we are driven

To awaken they do not dare

To sleep and rest is all they care

Meditation, mindfulness A way to stay calm at very best

To survive within this hologram
Like babies sleeping in a pram

What people need is lullabies
To stay asleep within these lies

Religion, spirituality, new age Just another job, or a passing phase

We seek to heal our saddened souls And keep on living the way we are told

We are not this body, not this mind But to the truth we all stay blind

And close our eyes to manifest Another illusion at very best Our real self we have no clue Where he or she is sleeping too

Plugged into the computer program Of mind that shows us all this sham

But why would we care to ascend When we are here to bough and bend

Controlled by agents, laws, and rules Geemingly solid, yet are tools

To keep us spending all our time In earning money, feeling fine

But in our hearts, we do not feel That nothing, nowhere, no one's is real

Why does no one seem to wonder
If we are in a dream-world under

Deep below unconscious realms
Where one mind many people sends

We are all one but seem so many

Why do we need dollars, pounds, and pennies

We are one energy, one soul
We are love, love makes us whole

Why do we crave for food to feed When love and light is all we need

Sense the spirit, all is one And all your karma now is done!

Gratitude

Dead bodies wrapped up in plastic bags

Sold everywhere, cheap

This world, this cruel world

In some sort of simulation deep

We want to be at peace with it
This world, this cruel world
We want to be in a blissful state
Surrounded by these flaccid pearls

Products of pain and suffering
Sold every second far and wide
We sit and close our eyes today
In our purple shells, we hide

Gurrounded by the prisons
Where we in hell survive
To seek our own real blessings
Of little things like life

We are all learning lessons
We are all in gratitude

That we were not turned today Into someone's plate of food

Who Is It?

Cannot understand why I am here... This world, this life, why do I care Manifestation, magic, mind... All the maya one can find There is no one else but one, The mind thinks many but there are none Many friends, many people, Many systems, good and evil Walking up towards my door The lady I thought of moments before Think and she appears, Devil or angel - think and there she is - here Maya all the time, all around, In sights and smells, taste, touch, sound If She is here, is she me too? Dressing up today as you?

The End of Time

The world is mind Leave it behind

There is no truth to be found

Anywhere around

Reach within your soul Alone you are whole

No longer be blind To the illusions you find

North, east, south, west You have digressed

In so many places Seeing so many faces

In sawing the world Maya conjured

Go within yourself

Be your own help

Earth, water, wind, and fire Embrace them and go higher

With touch, sight, smell, sound and taste you have found

Pure fabrications of compound mathematical equations

No longer be enchanted If truth is what you demanded

Your oracles and spells
They do not wish you well

Trapped in this world To others, you have heard

> Listen to yourself Believe in no one else

They won't let you free Seek your own company Gex, glamour, temptations Geek all human nations

> Do not be controlled Discover your soul

Say no to illusions
That is your sole mission

Your mental projections of Gods are deceptions

Pray to no one With Maya be done

We Will Change the System

(Gung to the tune of We Will Rock You by Queen)

Earth is dying
Governments are lying
People don't have morals
They know, yet they quarrel
Animals are raped here
Murdered for a steak here
If humans have no conscience
Why will they want change

(Chorus)

We will, change the system
We will, change the system
We will, change the system
(Ging it)

We will, change the - system
We are not mere victims

Funny you are the one guy
One gal, rooting for the animals

Must be the only few
They've got blood on their plates
They're not disgraced
They have too many of them - all over this place

(Chorus)

We will change the system

Don't just blame the system

Carbon's not the only big thing

We are not mere victims

(Rap interlude) People never change, they only rearrange

Politics, that's what it is, the name of the game
We don't want that party, we want this party
Climate is the selling point, so listen and get arty
Animal abuse is, ignored by excuses
'Coz, they don't pay the taxes
'Coz, they don't vote in politics
killed on the floor, in gas-chambered doors
hidden from the people, they are ignored
Plates full of animals, dairy, eggs, cheese
racism, speciesism, viruses, disease
Land is expensive, animal farms profit
trees gone, fire's on, gases choking everyone

HG2 rail, the earth is on sale, and animals in a big-big terrible jail

(Chorus)

We will change the system
sing it
we will, we will
we will...we will

(Rap interlude)
not yet?

left's be honest shall we! (ha-ha)
left to the public, no one shall do a thing

(Alternate chorus)
They will tweak the system
Humans do the talking
Earth is meant to - serve them
Only for their children
Rich men

(Rap interlude)
so, the rest are dead meat
they fill their tummies (so yummy) with their
endless greed

with milk, eggs, and cheese, while animals weep eating ribs, legs, penises, of the dead, they are geniuses

presidents, scientists, businessmen, fancy-dress parties, society, and media going crazy Wake-up, wake-up, wake-up, wake-up wake-up, wake-up, wake-up 'coz it's enough

(chorus)
We will we will
we will we will
we will we will
be the new system
Not the same as the old one.

The Vegan Campout

We don't live together
But still, we campout
In hell we are meeting
Not Earth, who can tell?
It may be the last time we meet
For time's run out
Nothing ever stays the same again
It's the planet's countdown

We're heading for Sulfur
And still, we stay small
Coz species have seen us
And aliens don't call
With so many light years to come
For victims of crime
Are still doing time in those jails in the world
It's the animals' timeout

For the species, we harmed and betrayed
They all know our crimes
They are judging us all here today
It's the final showtime

Hell's Jingle Sells

(To the tune of Jingle Bells)

Jingle sells, jingle hells, jingle all the way

Awful fun, it is to buy, these things for which we

pay

Fleshy lovely birds killed gently is a lie In tortured pain for farmer's gain, they took away young life

To stuff the turkey's bums, they behead him on a plate

And people pray and thank the lord, for the violence they hate

Hell's jingle sells, jingle hells, jingle all the way Hope Santa Claus won't sell us all, as tasty meat one day

Pigs in blankets warm, baked in ovens hot Are little boys and little girls, who loved their mums a lot

Punched and kicked and gassed, in chambers holocaust,

Mums abused and babies killed, for a few pounds', cents of cost

Hell's jingle sells, angels fell, jingle all the way Hollow fun we have tonight and every single day

Dairy chocolate treats are worse than even meat

For calves are killed, and mums are milked

Raped pregnant for those sweets

Cakes and ugly bakes, of dairy, eggs, and wheat

Male chicks are killed, and gas chambered if free
range eggs you beat

Hell's jingle sells jingle hells, jingle all the way
No more fun is tonight, than any other day

Sausages and steaks, of animals not plants,
Why are these still on the list, of consumer demand
When plant milk we can buy, and vegan cakes are
great

Then why do people still order cruelty on every plate?

Hell's jingle sells, jingle hells, jingle all the way
In ugly farms why are children harmed, and
murdered every day?

Violent Night

(Sadly, penned to the tune of Silent Night)

Violent night, coldly night
No one here knows the plight
Of the turkeys, mama, and child
Murdered infants so tender and mild
They sleep in so many memories
Gleep without any peace

Violent night, coldly night
Children quake at the sight
Hell is here and people are blind
Slaughterhouses work overtime
That's how new year is born
That's how Christmas's begun

Violent night, coldly night

Lamb of God, roasted right

Pigs and dairy cows, chicken, and sheep

Innocent animal angels who weep

Marked for slaughter since birth

For a few pounds of worth

Deck the Empty Halls

(To the tune of 'Deck the Halls')

'Tis the season to be lonely There is no truth in people's hearts Deck the halls with covid measures Waiting for things to fall apart Our exploitation of poor animals Horrible, terrible, abnormal Rape and slaughter, helping farmers Government, businesses, all demons They pray to the devil for cruel blessings Trapping you even more in nonsense In this matrix, dancing, singing Tra-la-la-la-la-la-la-la-la With friends and family, who feel nothing They have no hearts and no real souls Dumb religions, human egos For tradition, anything goes Deck the empty halls with folly Climate change waits to catch up soon Vain enjoyment, all unholy Filling the earth with billion germs Care for better ways to have fun

Find a new way to love yourself
Cheer the planet, animals, and humans
Speak up the truth and be of help
'Tis the Season to feel Sadness
Feel the real pain of someone else
Ditch the eggs, fur, meat, and dairy
No other way to love and bless
Make our karma somehow better
Breeding and slaughter be outlawed
Change this hell, be a creator
Heaven is here to help you now!

The Night Before New Year

'Twas the Night Before New Year When all through the slaughterhouse All creatures were quivering Frightened, crying out loud

Their bodies were hung in desperation
Upon cold shackles without anyone to care
There was no hope for them in pandemics,
For no one would ever hear

The vegans were nestled in lockdown
All sleepless in their beds
While horrific images of slaughter
Danced in their troubled heads

They had no powers to rescue them,
As the animals were all legally sourced
By the people who farmed them,
As if they were mere blood, flesh, and bones

Out on the streams of Facebook and Twitter

We all heard non-vegans' chatter

But when we tried to speak about the rights of nonhuman animals

They avoided the entire 'bloody' matter

We have all kinds of vegan options,

Yet people choose to rape and kill, it is they who

decide

That dairy, fish, eggs, and meat

Are suicide, but all well worth the terrible ride

In this hellish spaceship
Where all of us as prisoners float and fly
Into the blackholes of the underworld,
So deep and dark with empty magic inside

In this false projection
This matrix of maya-mind
We see very few humans
But many death eaters we can find

Climate change has not changed them Pandemics are still on the menu But why would they care?

To them it is yet another vaguely entertaining business news

The plight of young animals

Is still hidden from public sight

Because people seldom listen, as they frightfully

say Happy New Year

And bid their own forsaken families a silent night

Cold McDonald's Restaurant

(To the tune of Old Mac Donald's farm)

Cold McDonald had a restaurant

eeek...i...eeek...i...o

And in that process he killed some cows

eeek...i...eeek...i...o

With a gunshot here and a gunshot there

Blood and pain, yet again

Everywhere a bad smell

Cold McDonald had a restaurant

eeek...i...eeek...i...o

And in that process, he killed some chicks

eeek...i...eeek...i...o

With a gunshot here and a gunshot there

Blood and pain, yet again

Everywhere a bad smell

Cold McDonald had a restaurant

eeek...i...eeek...i...o

And in that process, he killed some fish

eeek...i...eeek...i...o With a gunshot here and a gunshot there

Blood and pain, yet again

Everywhere a bad smell

Cold McDonald had a restaurant eeek.....i....eeek.....i....o

Mummy's Little Calf

(To the tune of Mary Had a Little Lamb)

Mummy had a little calf, little calf, little calf

Mummy had a little calf

Who could not be with her

And everywhere that Mummy went, Mummy went,

Mummy went

Everywhere that Mummy went, she did bleat

Everywhere that Mummy went, she did bleat forever

Sent him to slaughter-hell one day, hell one day, one day

Sent him to slaughter hell one day

A place of no return

That's how farmers raped and earned, raped, and earned, raped, and earned,

That's how farmer's raped and earned

And quietly engines burned

They milked his mummy for four years long, raped her more, stole calves more

They milked his mummy for four years long
Till she could stand no more

And then they hung her upside down, upside down, upside down

And then they hung her upside down
Inside the slaughter-door
Why do they kill babies and mums, babies and
mums, babies, and mums
Why do they kill babies and mums?
When they did nothing wrong
When fruits and veggies we can grow, we can
grow, we can grow
When fruits and veggies we can grow,
And victims are not harmed

Mama Mia

(To the tune of Mama Mia by ABBA)

We have been cheated by them Since the time we were born Breastmilk offered to men From our mums, we were torn Look at us now, we are infants us Taken away, till we finally lose our life With a fire gunshot or knife For just one cup of milk of my mum One more gun and we lose everything Say no to dairy! Mama Mia, now you know the train A line of souls that are ascending Mama Mia, here we know our time Is lost by humans not repenting Yes, you have all consumed us Dairy billionaires have fooled us Line by line, autumn, winter, summer, spring Mama Mia, now you really know Why! why you're letting dairy go.

My Vegan School

(To the tune of My Little School, The Worst Witch, 1986)

Wing of chicken, leg of lamb
Roast it on the deathly pan
Drop it to the bottomless gulf
Hen's periods come to us
Dairy, eggs, evil ooze, and pus

Why love all the wicked and worst

Of all nature's things, do humans come first?

So, if you're not fitthy (fitthy), smelly (smelly)

Evil wicked and cruel

You'll be right at home in my vegan school

(My Vegan School)

We have fun in plant-based work
Not in animal farms where bad things lurk (bad
things lurk)
All day long we frolic and play (frolic and play)

Turning good things out of clay, ha-ha

Why do animals people hate? Why pickle and serve them up... on a plate?

So, if you're healthy (healthy), happy (happy)
Wise, compassionate, and cool (wise,
compassionate, and cool)
You'll be right at home (You'll be right at home) in
my vegan school
(My Vegan School)

Come on everybody sing!

Healthy (healthy), I can't hear yah, (happy) happy

Wise, compassionate, and cool (wise, compassionate, and cool) You'll be right at home In my vegan school (My Vegan School)

In my vegan school (My Vegan School)

In my vegan school (My Vegan School)

Lake of Liars

(To the tune of Lake of Fire by Meat Puppets)

Where do bad folks go when they live
They all stay on earth and move upon it
We stay in this lake of liars for life
And see them again while staying alive

Where do bad folks go when they die
We'll never know when and we'll never know why
But the animals we've hurt are no more alive
We made them live in hell and we took away their
life

I knew a moron who fought for plant life

For insects killed for crops to feed his appetite

Blamed vegans for murdering the plants he didn't

eat

While stuffing his mouth with murdered dead babies' meat

Where do bad folks go when they fight

They don't go to talent shows for praising their

might

They go to social media and post against vegans

For helping them be healthy and saving little

children

People live and people die
Feeling nothing for farmed animals' lives
They are sentient and have feelings, but they are
never loved
Except for humans, cats, and dogs that are sent

from above

Where do bad folks go when they live
They don't go to places where their food is milked
They stay in their homes eating sausages and
dairy
They believe in God and Jesus, and in angels and
scaries

Land of Racial Glory

(To the tune of Land of Hope and Glory)

Land of racial glory So proudly we sing songs Of human joy and wonder At all our rights so wrong Land of rape and gory Where animals can't be free How can we escape thee Who turn us all to beef Land of meat and dairy Where Earthlings wild are rare Born and bred in farmlands Killed with violence bare Louder still and louder May your screams be heard God who still ignores thee May he change his word And take away Dominion Of humans from this land On the land of radical glory May we on earth then stand

Masterful Puppets

Channeled message in the poetic masterful voice of Paramahansa Yogananda in 2018

We the world

The birth of a new generation

Puppets dancing to pagan drums

Swayed by desires of romance

Looking for God all around on earth

Tip Toeing in hell

Raising idols of angels and Christ

In the matrix of lies and religion

Bowing down their heads to God in heaven

Humans, men, and women

Unconscious energy

Microcosmic fractals

Petals vibrating, circulating,

Throbbing endlessly away

Elements five

Duality scattered

Opening closing

Children, sons

Free willed champions

Killing animals and throwing them away

Tasting, enjoying, dreaming Seeing Gods in heaven

(Earth is an electromagnetic field generator of toroidal structure when the north pole is awake the south pole is asleep and when the south pole is awake the north pole is asleep)

Go Vegan

(Chorus by Shaurya Dutta, 8 years old son)

You want to marry, have families
Killing innocent babies for meat
Laughing, smiling, and thinking you are free
Cancer, viruses, and heart disease

You are desperate to eat the world away
Bananas are not enough, you say
Vegan burgers served up on a tray
Your cruel eyes are looking in a different way

Go Vegan, you violent animals Don't be devils, carnivores, or killers

Craving flesh of fish, cows, and sheep
You are insects eating anything you see
Smelly sausages of pigs who poo and pee
You are sipping breastmilk like a tired baby

Gobbling eggs of crying birds that hurt

They are dying in their own filth and dirt

You have no emotions; they are better than you

They are people, they have children too

Go Vegan, you violent animals Go Vegan you silent carnivores

You wear the skins of your own victims
There's a better way but you won't listen
Glad you are going to the perfect place
For rape and murder of someone who had a face

It's the slaughter, of someone's son or daughter

Their blood is in your glass of water

Go Vegan, you violent animals It isn't normal, to survive in hell

Unlivable

Firstly, it is not possible

For people to be so violent even in a dream

It is not possible for governments to do nothing

When animals are mutilated, killed in a gory

violent scene

It is not possible: murder and rape and not banned

And no country in the world has taken a formal

stand

To outlaw the gruesome crime

For the last few centuries, not just this time

It is not possible that people don't meet

When there is an animal rights agenda, they do not

even greet

They do not participate, talk, help, or support
In taking the violent, shameful abusers to the
criminal court

It is not possible that the animals are treated as things

Properties, owned by farmers, although sentient beings

That people post images of steak and how they like meat

Against the BASIC right to live, animals are killed, and humans eat

Sincerely, I am lost for words

All it looks like is that I am living in a fake world

A world where demons are controlling a crazy fake

simulation

That looks and feels real, but of course they have no emotions

Those people in my life, the government, nothing is real

My neighbors, friends, family, no one really cares
People are illusions, all of them, I am sure
All over the world, there are no humans, and there
is no cure

For the viruses, the disease, we only have a fake humanity

That is generated from my mind, a dream, that has no sanity

A nightmare perhaps, one I would rather wake up from

And leave this idiotic world to return to where $\ensuremath{\mathbf{I}}$ come from

Because if people were real, and they cared for the animals' lives

They will all support a movement to let them stay alive

They will not hesitate for even a second to share it with groups and pages

To talk about it and promote it and get it debated as a bill at all stages

Not just stand on streets coldly, holding images of shame

Requesting each human to go vegan so meekly
No, they would all be outraged and openly blame
They would not just talk about it, they will take
REAL action

From the law, in their country, they will ask for a formal reaction

I am sorry but it cannot be real, the world and the people around

They are not validated by me, I consider them fake, abnormal, unsound

It is not possible that the biggest names, celebrities, and organizations

Would not be able to outlaw the shameful crimes
happening in every single nation
I am sorry, I do not buy this, your silly world

illusion

And this crazy kind of animal farming, a criminal institution

It is not even possible, I dismiss the possibility
Those human beings would allow these acts, there
is no causality

Except if there were demons in a simulation so controlled

None can escape it, young or old

You all have deceived me, and I have accepted

That there are indeed no friends, only false

shadows that I have rejected

Author, Swati Prakash

Armed with a degree in Psychology and M.B.A. Swati Prakash was Managing Director of a reputed Public Relations firm in India at the young age of 22 alongside being President of Tarot India Network, focused on spiritual education, intuition, and the healing power of within. She launched India's First Wiccan Store Magick in 2008 and was featured in various episodes of The Chair UTV, Star TV Mano Ya Na Mano, Sambhav Kya and MTV Shuffle and interviewed in various press such as Femina, New Woman, and Times of India for promoting spiritual values of Non-Harming and Free Will. She lives with her talented 10-year-old Vegan activist son Shaurya, in Britain. Since 2014 she has authored over 12 books on spiritual subjects including Veganism, Animal Rights, Planetary Ascension, Meditation, and Well-being.



http://youtube.com/@earthhealingnetwork
www.earthhealingnetwork.com



ALSO READ

Shamelessly Arguing with Vegans, An Extraordinary
Insight, by Swati Prakash
Downloadable from www.earthhealingnetwork.com